

Let you Light shine through me

by Githa Ben-David 2017 ©

Let your Light shine through me
I'm your daughter, I'm your son
Let your Light shine through me
and I will pass it on.

Sa Re Gha by Githa Ben-David ©

/: Sa Re Sa –

Sa - Re -

Re Gha Re – Sa

Gha - - -

Gha – Re – Gha

Re – Sa -

Sa Gha Re –

Sa - -Sa Re Gha

Ma – Gha –

Re – - Gha Ma Pa

Dha – Pa Ma Gha

Re - - - - :/

Yevarechechra

Music: Peleh Ben-David ©

The Priestly blessing (old hebrew)

*Yevarechechrha adonai ve yish
merechra. 2x*

(May God bless you and protect you)

*Ya'er adonai panav elecrha veyi
crhunecrha. 2x*

(May God's face give light to you and show
you favor)

*Yisa adonai panaaav elecrha
(May God's face be lifted toward you)
ve yasem lecrha shalom. 2x
(and bestow upon you peace)*

Be Shem Adonai

Music: Lars Muhl ©

Be Shem Adonai

(In Gods/The Lords name)

Mi Yameni Michael

(In my right side Michael)

U mi smaali Gavriel

(and in my left side Gabriel)

U mi lifanai Uriel

(and in front of me Uriel)

U mi Achroai Raphael

(and behind me Raphael)

Ve al roshi Sheknael

(and over my head Shekinah)

Ve ba levi Yeshua

(and in my heart Yeshua)

Ana Be Koach (*I am in my
center/my power*)

Prayer from the time of Abraham

ANA – ANA BEKOACH
GEDULAT YEMINECHA
TATIR ZEHURA
KABEL RINAT- AMCHRA
SAGVEINU
TAHAREINU - TAHAREINU
NORA
ANA BEKOACH GEDULAT
YEMINECHA
TATIR ZEHURA
KABEL RINAT- AMCHRA
SAGVEINU
TAHAREINU NORA
NA GIBOR DORCHSHEY
YICHUDCHRA
KEVAVAT - SHOMREM
BARACHREM TAHAREM -
RACHAMEY TZIDEKRATCHRA.
TAMID GOMLEM
HRASIN KADOOS
HRASIN KADOOSH BEROV
TUVECHRA
NAHEL ADOTECHRA
YAHRID GE'Æ LEYAMECHRA
PINEY
ZOCHREY KADUSHATECHRA
SHAVATEINU KABEL USHEMA
TZAKATEINU
YODEIA TA'ALUMOOT.

Halleluja

Githa Ben-David & Lars Muhl 2011©

1. Barruch ha maim: water

/: Barruch ha maim –
barruch ha maim,
Halleluja, Halleluja :/
Halleluja – Halleluja
Halleluja – Hallelujaaaa

2. Esch: (Fire)

/:Barruch ha esch-
barruch ha esch,
Halleluja, Halleluja :/
Halleluja – Halleluja
Halleluja – Hallelujaaaa

3. Lev: (Heart)

/:Barruch ha lev-
barruch ha lev,
Halleluja, Halleluja :/
Halleluja – Halleluja
Halleluja – Hallelujaaaa

4. Shem: (name/sound)

/:Barruch ha shem-
barruch ha shem,
Halleluja, Halleluja :/
Halleluja – Halleluja
Halleluja – Hallelujaaaa

"Maim" can be replaced by the names of
dancers, who are blessed one by one.
Barruch the name – circle round right
Barruch the name - circle round left
Halleluja hands up meet in the center
Halleluja hands down back to circle
Repeat with the next person.
Halleluja: every other person enters the
center of the circle with raised arms

Halleluja: out in the circel again
Repeat – shift roles (Halleluja, Halleluja).
A new round starts.

Stable Ground *by Githa Ben-David ©*

I accept what I am right now
All emotions come
breathe through my heart
Depression and frustrations are
distorted feelings,
traumas and scars
Dear God let my fences down
Dear God let my feet -
find stable ground

I Accept what I am right now
All emotions come
Sing through my heart
The pineal gland catch the light
Hypothalamus, pituitary
bright up the night
Dear God let my voice reach
through
Dear God let my song
connect with you
connect with you

Barruch ha Neshima

by Githa Ben-David 2011©

1. Everybody

Barruch ha neshima sheli
(Blessed be my breath)
ha neshima kadosha
(the holy breath)
Barruch ha neshima sheli

ha neshima kadosha
/:Barruch – Adonai/

(Bless God/The Lord)

Barruch – Adonai:/

2. The men

Barruch ha neshima shellach
(Blessed be the females breath)

ha neshima kadosha
(the holy breath):

Barruch ha neshima shellach
ha neshima kadosha

Everybody

/: Barruch – Adonai...:/

3. The women

Barruch ha neshima shellchra
(Blessed be the males breath)

Ha neshima kadosha
(the holy breath)

Barruch ha neshima shellchra
Ha neshima kadosha

Everybody

/: Barruch – Adonai...:/

4. Everybody

Barruch ha neshima shellchraim
(Blessed be the breath of life)

Ha neshima kadosha
(the holy breath)

Barruch ha neshima shellchraim
Ha neshima kadosha

/: Barruch – Adonai...:/

Bless the food

Githa Ben-David jan 2017 ©

I bless the Creator,
water and sun
I bless my parents
and everyone
around me

I thank the Earth,
water and sun
thank my parents and
E -very -one
around ---
me ---

/:Bless the food, bless the food
- The food you provide for me
Bless the food, bless the food
- The water I drink from thee :/
Bless the food, bless food.

God bless

Githa Ben-David April 2018 ©

/: God bless ____
open his/her/it's/their heart
Let the love – reach through
Fill it with light
Let it shine, let it shine - -
For me and you :/

Let it be so now, let it be
Let it be so now – let it be.

The Priestly Blessing

(in Danish) *Githa Ben-David 1915©*

Herren velsigne og bevare dig
Herren lade sit ansigt
lyse over dig
og give dig fred

(a translation to English)
May the Lord bless you and keep
you.
May the Lord make his face
shine upon you
and give you peace.

Yes you are

Githa Ben-David 2019©

/:Jeshua, yes you are :/
reflecting the highest degree
of love and compassion in me

/:Jeshua, yes you are :/
uplifting my energy
open my heart to be free

/:Jeshua, yes you are :/
passing your love to be
healing ____ this person/name
In front of me.

Fadervor

Githa Ben-David melodi 2016 ©

Fadervor du som er i himlen
Helliget være dit navn
Komme dit rige
Ske din vilje som i himlen
således også på Jorden
Giv os i dag vort daglige brød
Forlad os vore skyldnere
som vi forlader vore skyldnere
Led os ud af al fristelse
Befri os fra det onde
Thi dit er magten og æren
i al evighed
Aaamen

Himmelbønnen

*Tekst: Lars Muhl efter aramæisk udgave af
fadervor, melodi: Githa Ben-David © 2010*

Himmelske ophav
Du som er overalt
Helliget være dit navn
komme dit rige
Ske din vilje
her og nu og i al evighed
Fyld os med din nådes kraft
og løs os af de bånd
vi binder hinanden med
Led os ud af fristelsen
Befri os fra os selv
og giv os styrke
til at blive et med dig
Lær os tilgivelsens

sande kraft at kende
og lad vore fremtidige handlinger
vokse frem af dette hellige øjeblik
Amen – Amen – Aaaamen

The Heavenly Prayer

*Translation of aramaic prayer: Lars Muhl
melody: Githa Ben-David 2018 ©*

Heavenly source
You who are everywhere
Blessed be your holy vibration
Kindle in us the fire of your love
here and now and for evermore
Open our hearts
to the power of compassion
and free us from the fetters
with which we bind
ourselves and each other
Lead us out of temptation
Let us repose in the higher Self
and unite with you
Teach us the true power of
forgiveness
And let our future actions grow
from the ground of this holy
moment
Amen – Amen – AAAamen

Ellohim^[SEP]

Githa Ben-David 2011©

Ellohim, Ellohim,
Ellohim – nonen li koach

Sa Re Gha (minor)

(Large Intestine Meridian)

Githa Ben-David 1988©

Sa Re Gha
Sa Re Gha Ma Pa
Ma Gha Re - Ma Gha Re
Ma Gha Re Gha - Re- Sa
Ni (low) Sa
Sa Re Gha Re Sa Ni Pa Ma-(low)
Sa –

Any Wrong Condition

Githa Ben-David 1992 ©

Any wrong condition 2x
in my body mind and life 2x
is dissolved and crushed 2x
by divine love 2x
Mmm Divine love is the
strongest power of the
Universe – Universe
and it dissolves anything
that's not created by
the source of love
Source of love

Oneness Is Unconditional Love

Githa Ben-David dec. 2021©

Oneness is Unconditional love
darkness and light
Earth and heaven 2x

Let those who have eyes see
Let those who have ears hear

Humbleness is unconditional love...
Gratitude
Compassion
Healing
Truthfulness
You are true
I am true
We are true
Oneness is

Heart Song

(Heart Meridian)

Githa Ben-David 2022©

/:The heart is the emperor
God's voice on Earth :/
Reach out your hands in true believe
Open your voice and you'll receive
/:Guidance from above :/

Guts

(Small Intestine Meridian)

Githa Ben-David 2022 ©

To trust your intuition needs guts
Listen to the tiny signs
And you will know
Exactly where to go
Hear the roar of the lions
The small intestine's call
Avoid the wrong
And choose the riiight
You'll be content
Even in the darkest night

Dear Earth

Peleh Ben-David 2022 ©

(Kidney Meridian)

Dear Earth
Let me place
My feet in your soil
Let me grow
Let me play
Show the world
Who I am
Let me be
Let me breathe
I will take the time I need
Let me flower
Grow my fruits
Let me serve the Earth with my gifts
Let the birds
Land on my arms
Build their nests
Rest and sleep

The Heart Governor

(Pericardium-meridian)

Githa Ben-David 2022 ©

Pericardium,
the heart governor
Pericardium,
the heart ambassador
protects the apple in his hand
Honor his royalty the emperor
grows delicate flower
in an altar of sand
Blome, bloome, bloome
bloome bloome bloooooome
in unconditional
loyalty to you

Gratitude

Githa Ben-David 2010 ©

Gratitude is a grace
It's a face
That can appear
When you sing a lullaby
And all fears
Goes to sleep
Disappear into a dream
The voice of the soul sings

You're united with me
You are here
Where I belong
In the moment is only song
Pure and clear
trembling sound
so complete,
soft and round

The voice of the soul sings.

Tree

(Gallbladder-meridian)

Githa Ben-David 2014 ©

Tree you are me
I am a tree
each of your leaves
green lights relieve
believe in me
Under your crown
“I” become “we”
A sceptre of love
A bridge to Eternity

Tree you are me
I am a smile
open to be
two eyes, one sight
burning in Thee
Inside your crown
an embryo grows
a sceptre of fire
a key to divinity

Tree you are me
we are one
a moon and a sun
a miracle where
the end has begun
Over your crown
a union of light
a sceptre of truth
balance the day, bless the night

We are the creatures of water and light
Who is the God that tells us to fight
To kill all the weeds that insects need
And feed our bodies with mistreated meat?
/: We all thrive to be free –
In Unity – in Unity :/

Peace and Love to You

(Lung Meridian)

Githa Ben-David 2022 ©

Peace and love to you
beloved friend
The Note from Heaven
works in every sense
Open up the veil
and we are one
in unconditional love.

Welcome to you (birth)...
Good bye to you (death)...