

Root chakra song

Githa Ben-David March 2026 ©

A E

(: Sa is the root note

Bm G D

Red is the color of love

A E

and self-worth :)

A

Deep undertones

D

expressed through the nose

A E A E

are grounding instincts

Bm F#m

cultivating confidence

D E A

to walk our path on Earth

End:

Sa is the root note,

Red is the color of love

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