

Home test for chronic heavy metal poisoning

This document should be passed on with care because of the pharmaceutical industry's interest in having a monopoly on treatment of neurological diseases in Denmark.

I, Githa, have promised the author to be careful. I have been given permission to hand it out at my Education in Vocal Sound Therapy. Must not be shared on Facebook...

DMSA is a medicament that has been used for heavy metal poisoning for more than 50 years. There is documentation for its detoxifying effect.

DMSA, Atamir and Dimaval are medications that are stored in depots for emergency standby in case of acute heavy metal poisoning in some Danish hospitals.

DMSA, Atamir and Dimaval can also be used for chronic heavy metal poisoning. But no one has been interested in such a treatment in the public healthcare system in Denmark, Norway and Sweden, which is sad for those patients who may need such treatment.

There is a lot of material on the subject, and also on DMSA, if you search for foreign literature on the internet.

Home test for heavy metal poisoning:

DMSA can be purchased in USA without a prescription or on www.supersmart.com - look under detoxification. Or here: www.supersmart.com/article.pl?id=0248

Before you take the provocation test, then begin with testing if you react to DMSA by taking 1 tablet.

If you don't react to this one tablet, then you take 3 tablets the week after.

If you don't react to this either, then you can take a provocation test.

In a provocation test with DMSA, the dose is 30 mg per kg body weight, max 2 grams though.

The tablets are given all at once, for example in the evening before bedtime after you have peed.

Hereafter, the urine is collected the next day from the morning. During 6 hours, the urine is collected in a special container. The urine amount is measured and a test is taken in a test tube that will be sent to Nordic Laboratories.

Alternatively:

30 mg per kg body weight, max 2 grams though.

The tablets are taken all at once, relatively early Monday morning. After about 2 hours, when the urine has begun to smell intensely of the medicine (it smells a bit like you have eaten asparagus), the urine is collected during 6 hours.

The laboratory must receive the urine as fresh as possible and early in the week, so you don't risk that the test, which will be sent to England, will lie at the post office the whole weekend.

Test kit for the urine sample can be obtained by contacting: Nordic Laboratories ApS, Laboratorier, Analyser Chris Moore, Frederiksberggade 34, 2. sal 1459 København K.

Email: info@nordic-labs.com Telephone: 33 75 10 00.

www.doctorsdata.com/test_info.asp?id=4 (Link doesn't work).

Remember to tick off testing for copper as well, or else the test will be useless as DMSA first chelates (bonds to) copper and subsequently the other heavy metals. Therefore, a copper poisoning can camouflage poisoning by one or more heavy metals.

There will be tested for:

Aluminium, Antimony, Arsenic, Barium, Beryllium, Bismuth, Cadmium, Cesium, Gadolinium, Lead, Mercury, Nickel, Palladium, Platinum, Tellurium, Thallium, Thorium, Tin, Titanium, Tungsten, Uranium.

It turns out that most neurological patients have a combined copper, mercury and lead poisoning. There have also been cases where aluminium, arsenic, cadmium, nickel and tin have been problematic.

There is a great advantage in getting tested for the other minerals as well.

Zinc is necessary to detoxify certain heavy metals, for example copper.

Often there is a lack of magnesium in patients with heavy metal poisoning. Furthermore, magnesium is used by the organism to detoxify heavy metals.

Often there is a lack of sulphur in patients with heavy metal poisoning. The heavy metals destroy sulphur-containing compounds in the organism.

Often there is a lack of selenium in patients with heavy metal poisoning. The heavy metals destroy selenium-containing compounds in the organism.

Treatment in case of poisoning:

The source of poisoning (often amalgam fillings) must be removed if it's possible.

Dosage: Above 50 kg: two capsules in the morning and evening, every other day.

Follow this diet for three weeks, then stop for one week. Do not take supplements containing minerals on the days when DMSA is administered, but take systematically the other days to replace the minerals eliminated during the chelation process. Other supplements can also be used to improve the detoxification effect.

You must not let yourself get detoxified with DMSA, Dimaval or Atamir if you still have amalgam fillings. Not all doctors agree with this recommendation though.

Or follow Erlend Hodneland's instructions:

www.noamalgam.org/Min%20historie.htm (Link doesn't work)

www.nrk.no/programmer/tv/puls/5807892.html (Link doesn't work)

Vitamin C has a detoxifying effect.

It can be purchased on www.dkpharma.dk/503/89 (Link doesn't work)

The dose is up to 22 grams daily for cancer patients or until the diarrhoea limit, after which you reduce the dose with 1/2 gram.

Take max 4 grams daily, divided into several daily doses (it costs about 1 DKK a day).

ALA (alpha-lipoic acid) can also be purchased here:

www.supersmart.com/article.pl?id=0291&=2 (Link doesn't work)

NAC (N-Acetyl Cysteine) works as a detoxifier and should be taken together with DMSA, because when DMSA is excreted it is connected with cysteine.

www.supersmart.com/article.pl?id=0072

Furthermore, coriander / Chinese parsley have a detoxifying effect.

Marine algae (for example Chlorella) also have a detoxifying effect, but as marine algae absorb heavy metals, the product can be contaminated with heavy metals, which is why it can do more harm than good.

But some marine algae have been grown and are free from heavy metal contamination.

In order to use marine algae products you have to request a copy of the grower's laboratory test proving that the product is pure.